

Renee Engeln-Maddox, Ph.D.

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CURRENT POSITION

Charles Deering McCormick University Distinguished Lecturer
Northwestern University (May 2011-present)

PREVIOUS POSITIONS

Senior Lecturer, Department of Psychology
 Northwestern University (July 2010 – May 2011)

Lecturer, Department of Psychology
 Northwestern University (July 2006 - June 2010)

Instructor, Department of Psychology
 Loyola University Chicago (full-time, August 2004 - June 2006)

EDUCATION

Ph.D. in Applied Social Psychology (April 2004)
Graduate Concentration in Women's Studies
 Loyola University Chicago

M.A. in Clinical Psychology (August 1999)
 Miami University, Oxford, Ohio

B.S. in Psychology (May 1997)
 University of Illinois at Urbana-Champaign
 Bronze Tablet Honors (Top 2%)

TEACHING AWARDS AND HONORS

- Charles Deering McCormick University Distinguished Lectureship (2011)
- Weinberg College Alumni Teaching Award (2009)
- Chosen to deliver the 2010 graduating seniors' "Last Lecture"
- Northwestern University Associated Student Government "Faculty Honor Roll" (2007, 2008, 2009, 2010, 2011)
- Outstanding Faculty Member of the Year Award from Northwestern's Order of Omega Greek Leadership Honor Society (2009)
- "Outstanding Professor Award" from Pi Beta Phi (2008 & 2009)
- Northwestern University Undergraduate Psychology Association "Award for Excellence in Teaching" (2007)
- AccessAbility Award from Northwestern University's Services for Students with Disabilities (recognition as a faculty member who is particularly supportive of students with disabilities; 2008)
- Northwestern Panhellenic Community "Recognition for Teaching Excellence" (2007)
- Nominee for Weinberg College Award for Excellence in Mentoring Undergraduate Research (2008)
- Course Enhancement Grants, Northwestern University (Fall, 2006; Fall 2007; Fall 2008; Fall 2009)
- Edwin T. and Vivijeanne F. Sujack Award for Teaching Excellence (2006, Loyola University College of Arts & Sciences)
- Loyola University National Residence Hall Honorary Outstanding Teaching award (April 2006)

- Loyola University Psychology Department James E. Johnson Graduate Student Award for Excellence in Teaching (2004)
- Loyola University College of Arts and Sciences Teaching Fellowship (2003-2004 academic year)

TEACHING EXPERIENCE

- **Research Methods**
- **Advanced Seminar in Consumer Psychology/Marketing Research**
- **Psychopathology**
- **Psychology of Gender**
- **Psychology of Human Beauty**
- **Freshman Seminar in The Psychology of Popular Media**
- **Freshman Seminar in Existential Psychology**
- **Lab in Psychological Tests and Measures**
- **Independent Study/Capstone Research Experience**
- **General Psychology/Introduction to Psychology**
- **Personality Theory**
- **Internship in Applied Psychology**
- **Psychology of Adjustment**
Part of North Central College's "Premiere Program" designed to increase retention of minority students
- **Health Psychology**
- **Psychology of Women**

PUBLICATIONS

*current or former undergraduate student

- Salk, R. H.*, & Engeln-Maddox, R. (in press). Fat talk among college women is both contagious and harmful. *Sex Roles*.
- Engeln-Maddox, R., Miller, S.A., & Doyle, D. (2011). Tests of objectification theory in gay, lesbian, and community samples: Mixed evidence for proposed pathways. *Sex Roles*, 65, 518-532.
- Salk, R.*, & Engeln-Maddox, R. (2011). "If you're fat then I'm humongous!": Content and impact of fat talk among college women. *Psychology of Women Quarterly*, 35, 8-28.
- Rolnik, A.*, Engeln-Maddox, R., & Miller, S.A. (2010). Here's looking at you: Self-objectification, body image disturbance, and sorority rush. *Sex Roles*, 63, 6-17.
- Engeln-Maddox, R., & Miller, S.A. (2008). Talking back to the media ideal: The development and validation of the Critical Processing of Beauty Images Scale. *Psychology of Women Quarterly*, 32, 159-171.
- Engeln-Maddox, R. (2007). An alternate universe: Women, body image, and the paradox of thinness on Survivor. In G. Yeffeth (Ed.), *The Psychology of Survivor*. Dallas, TX: Benbella Books, 133-141.
- Engeln-Maddox, R. (2006). Buying the beauty standard or dreaming of a new life? Expectations associated with media ideals. *Psychology of Women Quarterly*, 30, 258-266.

Engeln-Maddox, R. (2005). Cognitive responses to idealized media images of women: The relationship of social comparison and critical processing to body image disturbance in college women. *Journal of Social and Clinical Psychology, 24*, 1036-1060.

Engeln-Maddox, R., & Leitner, L.M. (2001). Science and Biological Psychiatry [Review of the book *Pseudoscience and Biological Psychiatry: Blaming the Body*]. *Journal of Constructivist Psychology, 14*, 57-81.

MANUSCRIPTS UNDER REVIEW

Engeln-Maddox, R., Salk, R. H.*, & Miller, S.A. (under revision). A psychometric investigation of the Negative Body Talk Scale.

Doyle, D.M., Engeln-Maddox, R., & Kesselring, A.* (under review). Associations between gay community identification and body image disturbance differ for heavier compared to thinner men.

MANUSCRIPTS IN PREPARATION

Engeln-Maddox, R., & Rolnik, A.* Rejection of traditional feminine beauty norms decreases risk of body image disturbance in heterosexual and lesbian women.

Engeln-Maddox, R. Gender difference in strategies for coping with body image disturbance.

PRESENTATIONS

*current or former undergraduate student

Waldron, H.*, & Engeln-Maddox, R. (2011, May). *Subgroup Identification in Gay Men Predicts Body Image Disturbance*. Poster presented at the annual meeting of the Midwestern Psychology Association, Chicago, Illinois.

Rosenthal, A., Waldron, H.*, & Engeln-Maddox, R. (2011, May). *Correlates of Sexual Role Preference in Gay Men*. Poster presented at the annual meeting of the Midwestern Psychology Association, Chicago, Illinois.

Beymer, S.*, & Engeln-Maddox, R. (2011, May). *Self-objectification clarity mediates the relationship between self-concept clarity and body dissatisfaction*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.

Meyer, K.*, & Engeln-Maddox, R. (2011, May). *What you love about your body: Evaluation of an Anti-Fat Talk Intervention*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.

Rulon, K.*, Morrow, A.S.*, & Engeln-Maddox, R. (2011, May). *A Novel Measure of Fat Talk and Its Association with Body Dissatisfaction*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.

Waldron, H.*, & Engeln-Maddox, R. (2011, May). *Support for the validity of a new multi-dimensional measure of fat talk*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.

- Morrow, A.S.*, Rulon, K.*, & Engeln-Maddox, R. (2011, May). *Dressing Rooms as Key Environments for Peer-to-Peer Negative Body Talk*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Rosenthal, A. M., Vazquez, N.*, Waldron, H.*, & Engeln-Maddox, R. (2011, May). *Correlates of Sex Role Labels Among Gay Men*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Engeln-Maddox, R. (2011, May). *Student Evaluations of Blogging vs. Traditional Writing*. Poster presented at the Society for the Teaching of Psychology Teaching Institute at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Cohen, A., Gorfine, B., & Engeln-Maddox, R. (2011, May). *Teaching Controversial Topics: Evolutionary Psychology and Religion*. Poster presented at the Society for the Teaching of Psychology Teaching Institute at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Engeln-Maddox, R., & Miller, S.A. (2011, May). *A Critical Examination of the Factor Structure of the Eating Attitudes Test*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Engeln-Maddox, R. (2010, May). *Objectification and Eating Disorders in Lesbian Women: The Role of Appearance Norms*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Salk, R.*, & Engeln-Maddox, R. (2010, May). *"You're definitely not fat": The Effects of Challenging Peer Generated Fat Talk*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Rolnik, A.*, & Engeln-Maddox, R. (2010, May). *Endorsing Fat Talk: Gender Differences and Psychological Outcomes*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Herrmann, T.*, & Engeln-Maddox, R. (2010, May). *Men and Women Coping with Body Dissatisfaction: The Impact of Romantic Partners*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Engeln-Maddox, R., Gorfine, B., & Cohen, A. (2010, April). *When Science is Personal: Thinking Critically When Scientific Findings Clash with Personal Values*. Symposium presented at the annual meeting of the Midwestern Psychological Association, Society for the Teaching of Psychology Session, Chicago, IL.
- Salk, R.*, & Engeln-Maddox, R. (2010, April). *Fat Talk Among College Women: Frequency, Content, and Impact*. Poster presented at the annual meeting of the Midwestern Psychology Association, Chicago, Illinois.
- Doyle, D., & Engeln-Maddox, R. (2009, February). *A Test of the Rejection Identification Model in Gay Men: Implications for Mental Health and Relationship Functioning*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, Florida.

- Rolnik, A.*, & Engeln-Maddox, R. (2009, May). *That Shirt Looks Good on You: Experimentally Testing Objectification Theory*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Salk, R.*, & Engeln-Maddox, R. (2009, May). *Healthy Defenses: How College Women Resist Normative Body Discontent*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Herrmann, T.*, & Engeln-Maddox, R. (2009, May). *Affective Responses to Objectification: The Importance of Context*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Engeln-Maddox, R., Miller, S. A., & Doyle, D. (2009, May). *Mixed Evidence for Objectification Theory in Gay, Lesbian, and Heterosexual Community Samples*. Poster presented at the annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Ostrov, R.*, & Engeln-Maddox, R. (2009, May). *Experimental Evidence that Peer Comments Encourage Restrained Eating in Undergraduate Women*. Poster presented at the annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Rolnik, A.*, Doyle, D., & Engeln-Maddox, R. (2009, May). *Does Lesbian Identification Protect Women from Body Image Disturbance?* Poster presented at the annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Engeln-Maddox, R. (2008, May). *New Findings on Sexual Orientation and the Predictions of Objectification Theory*. Poster presented at the annual Meeting of the Association for Psychological Science, Chicago, IL.
- Rolnik, A.*, & Engeln-Maddox, R. (2008, May). *Here's looking at you: The psychological impact of sorority rush*. Poster presented at the annual Meeting of the Association for Psychological Science, Chicago, IL.
- Kesselring, C.*, & Engeln-Maddox, R. (2008, May). *Gender and Sexual Orientation Differences in Affective Response to Sexual Objectification*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Rolnik, A.*, & Engeln-Maddox, R. (2008, May). *Predicted outcomes of objectification: The clash between expectations and reality*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Engeln-Maddox, R., & Dykema-Engblade, A. (2008, May). *"Holy Tenure! Where did this guy come from?": Concerns about Ratemyprofessors.com*. Paper presented at the annual meeting of the Council of Teachers of Undergraduate Psychology at the Midwestern Psychological Association meeting, Chicago, Illinois.
- Doyle, D., & Engeln-Maddox, R., & Kesselring, C.* (2008, May). *Gender, sexual orientation, and body image disturbance*. Paper presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.

- Engeln-Maddox, R. (2007, May). *Failure to predict opposite sex reactions to images of female beauty*. Paper presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Engeln-Maddox, R., & Dykema-Engblade, A. (2007, May). *Department participant pools' quid pro quo: What do students get for being "guinea pigs"?* Poster presented at the annual meeting of the Midwestern Psychological Association, Council of Teachers of Undergraduate Psychology Creative Classroom Session, Chicago, IL.
- Engeln-Maddox, R. (2007, May). *Who you are on the inside counts: Preliminary evidence for a novel method of attenuating the effects of exposure to the media ideal of female beauty*. Paper presented at the annual Meeting of the Association for Psychological Science, Washington, D.C.
- Miller, S.A., Hoffman, A. L., & Engeln-Maddox, R. (2007, May). *Identifying classes of unmotivated participants from instructional manipulation checks and satisficing indices*. Poster presented at the annual Meeting of the Association for Psychological Science, Washington, D.C.
- Dykema-Engblade, A., & Engeln-Maddox, R. (2007, May). *Sexist language in the workplace: Evidence that use of gendered pronouns influences the evaluation of job applicants*. Poster presented at the annual Meeting of the Association for Psychological Science, Washington, D.C.
- Engeln-Maddox, R. (2006, May). *Social comparisons and idealized media images: Faces vs. bodies*. Poster presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Miller, S. A., & Engeln-Maddox, R. (2006, May). *A factor-analytic examination of satisficing: Stability across measurements?* Poster presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Bauer, E.*, & Engeln-Maddox, R. (2006, May). *Impact of candidate morality on voting behavior*. Poster presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Engeln-Maddox, R., & Miller, S.A. (2006, May). *Development of a scale measuring women's tendency to critique female beauty ideals*. Poster presented at the annual Meeting of the Association for Psychological Science, New York, New York.
- Miller, S.A., & Engeln-Maddox, R. (2006, May). *Increasing statistical power through decreasing sample size: The promise of instructional manipulation checks*. Poster presented at the annual Meeting of the Association for Psychological Science, New York, New York
- Engeln-Maddox, R. (2005, May). *"If I only looked like a supermodel.": Evidence that the Expectation of Positive Life Outcomes from Looking like the Media Ideal Predicts Body Dissatisfaction in College Women*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Engeln-Maddox, R. (2005, May). *"That test was so unfair!" Psychology students do quantitative item analysis on data from their own exams to explore the psychometric properties of achievement*

tests. Poster presented at the annual meeting of the Midwestern Psychological Association, Council of Teachers of Undergraduate Psychology Creative Classroom Session, Chicago, IL.

Miller, S.A. & Engeln-Maddox, R. (2005, May). *Personality predicts preferences for professors: Individuals use their own characteristics in evaluations of ideals*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Engeln-Maddox, R. (2005, January). *Introductory psychology students justify their beliefs about whether psychology is a science: The answers might surprise you*. Poster presented at the annual National Institute on the Teaching of Psychology, St. Petersburg Beach, FL.

Engeln-Maddox, R. (2004, May). *Critical viewing of media images of female beauty: Evidence that counterarguing may not be a protective factor*. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Engeln-Maddox, R. (2004, May). *The psychology of gender in song lyrics: Challenging musical messages of misogyny*. Poster presented at the Teaching Institute of the annual meeting of the American Psychological Society, Chicago, IL.

Engeln-Maddox, R. (2004, April). *Using popular song lyrics to explore the everyday impact of gender stereotypes: "Baby Got Back" to "Can't Hold Us Down"*. Poster presented at the annual meeting of the Midwestern Psychological Association, Council of Teachers of Undergraduate Psychology Creative Classroom Session, Chicago, IL.

Engeln-Maddox, R. (2004, April). *The spontaneous generation of counterarguments and social comparisons in response to idealized images of female beauty in fashion magazines*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Engeln-Maddox, R. (2004, February). *Talking back to advertisers: Can counterarguing protect women from the effects of idealized media images of female beauty?* Paper presented at the annual meeting of the Association for Women in Psychology, Philadelphia, PA.

Engeln-Maddox, R., & Leitner, L.M. (2002, May). *An exploration of how college students' meaning-making systems are altered under the influence of alcohol*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

SERVICE

- Freshman Adviser (advising cohort of 16 first-year students per year, 2007-2011).
- Teaching mentor for Searle Center Graduate Teaching Certificate Program (1 student, 2007; 3 students, 2008; 1 student, 2009; 4 students, 2010, 3 students 2011).
- Undergraduate education committee (2009-present).
- Undergraduate Fellowships Coordinator (2009-present).
- Psychology Department Phi Beta Kappa representative (2009-present)
- Summer Research Opportunity Program faculty mentor (2008).
- Faculty Fellow, International Studies Residential College (2007-2009).
- Faculty Fellow, Women's Residential College (2009-present).
- Scantron Committee (2009-present).
- Assistant Chair/Lecturer Search Committee Member (2008).
- Lecturer Search Committee Member (2007).

- Writer of “Swift Thinking” quarterly undergraduate newsletter for Department of Psychology (Fall 2006 – Spring 2010).
- Member of Northwestern University’s “UHAS” board (University Hearing and Appeals System; 2007-present)
- Chairperson, Psychology Department Participant Pool Committee, Loyola University (2005-6; member 2004-5).
- Psychology Department Coordinator for annual “Loyola Gives” adopt-a-family event (2004).
- Faculty Sponsor for “Advocate” – Loyola’s GLBTQ student organization (2005-2006).
- “Blackboard” software consultant for Loyola faculty and graduate students in psychology department (2004-2006).
- Teaching mentor for new graduate student instructors, Loyola University (2005-2006).

AD HOC REVIEWER

- *Journal of Personality and Social Psychology*
- *Sex Roles*
- *Body Image*
- *Journal of Consumer Psychology*
- *Journal of Social and Clinical Psychology*
- *Group Processes and Intergroup Relations*
- *Psychology of Women Quarterly*
- *Discourse Processes*
- *Social Psychology*

GRANTS AND OTHER HONORS/AWARDS

- Northwestern University Research Grants Committee, *Lesbian Identity as a Predictor of Body Image Disturbance*, \$1,850 (2008)
- Northwestern University Research Grants Committee, *Extending Objectification Theory into New Territories: The Impact of Gender and Sexual Orientation*, \$5,000 (2007)
- Northwestern University Lecturer Travel Award, \$1,000 (2009 - 2011)
- Loyola University College of Arts and Sciences Conference Travel Award (2004)
- Loyola University Chicago Tuition Scholarship Recipient (2000-2003)
- Loyola University Chicago Graduate Scholars Program in Women’s Studies (2000-2001)
- General Assembly Scholarship (Full tuition scholarship to the University of Illinois)

SUPERVISED UNDERGRADUATE RESEARCH GRANTS

- Neil Vazquez, WCAS summer grant (2011), \$3,000
- Kaitlin Meyer, URG summer grant (2011), \$3,000
- Casara Clark, URG academic year grant (2010), \$1,000
- Heather Waldron, URG summer grant (2010), \$3,000
- Rachel Salk, URG academic year grant (2009), \$800
- Rachel Salk, WCAS summer grant (2009), \$3,000
- Rachel Salk, URG summer grant (2008), \$3,000
- Tim Herrmann, WCAS summer grant (2008), \$3,000
- Ashley Rolnik, WCAS summer grant (2007), \$3,000
- Ashley Rolnik, URG academic year grant (2007), \$1,000

CONSULTING

- The Red Group – Marketing Services Firm, Wheaton, Illinois
 - Research design, data analysis, and statistical consulting
- Calder LaTour, Inc. – Marketing Research and Strategy Firm, Evanston, Illinois
 - Study design, survey development, data analysis and interpretation, report writing, and client presentations for both quantitative and qualitative marketing research studies.
- Oakton Community College – Center for the Promotion of STEM, Des Plaines, Illinois
 - Evaluation of programs and marketing materials designed to encourage the study of STEM (science, technology, engineering and math) fields
- Gannon Center for Women and Leadership, Loyola University, Chicago, Illinois
 - Evaluation of implementation and effectiveness of the “Women In Science Enabling Research” scholarship program

RESEARCH INTERESTS

- Body image
- Social comparison theory
- Media psychology
- Gender differences and similarities
- Objectification theory
- Program evaluation

RESEARCH SKILLS/TRAINING

- Statistical analysis: Training in SPSS, univariate and multivariate statistics, structural equation modeling
- Qualitative methods: Experienced in focus group and semi-structured interview-based research, content analysis, grounded theory
- Survey design

CLINICAL EXPERIENCE

Crisis Intervention Counselor, Violence Prevention Specialist (9/99-6/99 full-time, 7/99-7/01 part-time)

The Bridge Youth and Family Services, Palatine, Illinois

- Responsibilities included maintaining a caseload of 6-10 family crisis clients and 2-4 individual therapy clients and providing crisis intervention services to hospitals, schools, and police stations.
- Prevention work included designing, implementing, and evaluating a number of violence prevention initiatives in elementary schools and with high school youth groups.

Psychotherapist (8/98-5/99)

Miami University Psychology Clinic, Oxford, Ohio

- Responsibilities included providing individual psychotherapy for both undergraduate students and members of the Oxford community.

AFFILIATIONS

- Association for Psychological Science
- Midwestern Psychological Association
- Society for the Psychology of Women (APA Division 35)